

# The Mead Beet Newsletter

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## How to Cure Your Spring Fever

All it takes is one or two days of 50+ degree weather and spring fever spreads like a pandemic. Here are a few things you can do to ease the pain while the snow melts. March 10, we all set our clocks forward one hour. Take advantage of the extra daylight and stroll around Mead park or Highlandlake. Fresh air is invigorating and you'll be surprised to learn that nature has already sprung into action (pun intended). Even a quick stroll around the neighbor-

hood can improve your mood.

If Mother Nature is moody and you're stuck indoors, prepare a meal that you usually make in the summer with ingredients such as pasta with artichokes and tomatoes or sweep the snow off the grill (make your husband do it) and throw on a couple of steaks.

You live in Colorado but when was the last time you took a drive to the mountains? A change of scenery can lift your spirits and put that spring

back in your step.

Attend one of Mead High School's home games. It's inexpensive and fun to cheer on the home team with your neighbors.

And if you're really, *really* stuck indoors, make sure you have all the ingredients for Sangria. Red wine, fresh fruit and citrus flavored soda served with chips and salsa, and Viola! The winter blues have faded away. You're welcome.

## 9HealthFair

**Saturday, April 13**  
**Mead High School**  
**7:00 am to 11:30 am**  
**Volunteers are still needed**  
**Visit [www.9healthfair.org](http://www.9healthfair.org) to sign up**



## The Little Town That Could...And Does

There's something about Mead that produces entrepreneurs. Natalie and Jerry Abshier, long time residents of Mead, own a store called The DOC - Department of Clothing. They've taken art work, created by their son Josh, and transferred it onto T-

shirts and posters. What started out as selling T-shirts out of their garage, evolved into a full time corporation with all family members playing key roles in the company and a storefront on the 16th Street Mall at Denver Pavilions. "We wanted to

provide an outlet for our son's creativity" said Natalie Abshier. "It quickly became a family passion." To see the artwork and read about the innovative story behind the scenes, visit them on their website [www.deptofclothing.com](http://www.deptofclothing.com)

## Mead Varsity Home Games

### Girls Soccer:

- 3/11 Frederick 7:00 p.m.
- 3/14 Mtn View 7:00 p.m.
- 3/20 Roosevelt 7:00 p.m.
- 3/21 Estes Park 7:00 p.m.
- 3/25 Longmont 7:00 p.m.

### Girls Basketball Record:

- 13-12 Went to State 2nd Round!

### Boys Basketball Record:

- 14-11 Went to State 2nd Round!

### Wrestling Champs:

- Kyle Couch 182 lb 4A State Champion!
- Sage Budd 113 lb 4A 5th Place!

## Trivia!

Last Month's Trivia question: Taj Mahal took 22 years to construct.

In honor of St. Patrick's Day, here are some Irish quotes and toasts:

 It is often that a person's mouth broke his nose.

 No man is so old as to believe he cannot live one more year.

 There are only two kinds of people in the world, the Irish, and those that wish they were.

The homes listed below were sold in MEAD during the month of February. The sold price is not reflective of the asking price. In some instances, the house sold for higher than asking price and visa versa. DTO= Days To Offer (when an offer came in.)

Sold Price	Square Footage	Style	Bed-rooms	Subdivision	Address	DTO
\$212,000	2452	Ranch	2	Liberty Ranch	13653 Saddle Drive	188
\$232,000	2524	Ranch	3	North Creek	16543 Westview Drive	3

Inventory is still very low, but buyers are out there looking. Just saying...!

\*All above information derived from IRES Multi-Listing Service. The stats provided are for informational purposes and not a solicitation to buy or sell real estate.



## People Helping People

This section is available for anyone who has a home business or service and would like to advertise their specialty. For instance, if you have a babysitting service, lawn mowing service, are a hairdresser or mechanic, etc. OR if you need any of these services, please email me and I'll be happy to add your information here. If you've lost a pet or have recovered one, this is also a great place to post that information. There's no charge for this service.



Lisa Chadsey  
Personal Trainer  
720-219-2990

**Talk of the Town**  
Beauty Salon  
Melissa Siepelt  
970-535-4130



The Mead Maverick Football Team is hosting a fund raiser to raise money to purchase **safer helmets** for the players.

Saturday, March 23 8:00 - 11:00 pm

Scooterhinge

\* Live Music! \* Live Auction! \* Cash Bar!

Purchase Tickets at CO East Bank or Mead High

\$10 in advance, \$12 at door

*Save a Brain Fundraiser*

**Be 4ever Young Photography**

Becky Young  
720-980-9728



www.deptofclothing.com

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